



SNACKS

OCTOBER MENU



			THURSDAY 01 OCTOBER	FRIDAY 02 OCTOBER
			BAGEL CHIPS HUMMUS & CRUDITIES	BLUEBERRY MUFFIN WITH FRUITS
			GLUTEN	GLUTEN, DAIRY, EGG
MEATLESS MONDAY 05 OCTOBER	TUESDAY 06 OCTOBER	WEDNESDAY 07 OCTOBER	THURSDAY 08 OCTOBER	FRIDAY 09 OCTOBER
VEGETABLE PIZZA	FRENCH TOAST WITH BERRY COMPOTE	CHEESE MANAKEESH	OATMEAL PANCAKE WITH BERRY COMPOTE	EGG MAYO SANDWICH WITH CUT FRUITS
GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN, MUSTARD, EGG, SOYA
MEATLESS MONDAY 12 OCTOBER	TUESDAY 13 OCTOBER	WEDNESDAY 14 OCTOBER	THURSDAY 15 OCTOBER	FRIDAY 16 OCTOBER
TERM BREAK	TERM BREAK	TERM BREAK	TERM BREAK	TERM BREAK
MEATLESS MONDAY 20 OCTOBER	TUESDAY 21 OCTOBER	WEDNESDAY 22 OCTOBER	THURSDAY 23 OCTOBER	FRIDAY 24 OCTOBER
CHICKEN OR VEGETABLE PIZZA	CHEESE MANAKISH	PANCAKE WITH BERRY COMPOTE	CHICKEN OR VEG PUFF	CINNAMON ROLL WITH FRUITS
GLUTEN, DAIRY, EGG	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN, DAIRY, EGG	GLUTEN, DAIRY, EGG
MEATLESS MONDAY 26 OCTOBER	TUESDAY 27 OCTOBER	WEDNESDAY 28 OCTOBER	THURSDAY 29 OCTOBER	FRIDAY 30 OCTOBER
MINI CREAM CHEESE SANDWICH	MARGARITTA PIZZA	PANCAKE WITH COMPOTE	BAGEL CHIPS HUMMUS & CRUDITIES	BLUEBERRY MUFFIN WITH FRUITS
GLUTEN, DAIRY	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN	GLUTEN, DAIRY, EGG



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NOVEMBER MENU

MEATLESS MONDAY 02 NOVEMBER	TUESDAY 03 NOVEMBER	WEDNESDAY 04 NOVEMBER	THURSDAY 05 NOVEMBER	FRIDAY 06 NOVEMBER
VEGETABLE PIZZA	FRENCH TOAST WITH BERRY COMPOTE	CHEESE MANAKEESH	OATMEAL PANCAKE WITH BERRY COMPOTE	EGG MAYO SANDWICH AND CUT FRUITS
GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN, MUSTARD, EGG, SOYA
MEATLESS MONDAY 09 NOVEMBER	TUESDAY 10 NOVEMBER	WEDNESDAY 11 NOVEMBER	THURSDAY 12 NOVEMBER	FRIDAY 13 NOVEMBER
SWEET POTATO PANCAKE WITH BERRY COMPOTE	CHEESE & TOMATO SANDWICH	MINI CREAM CHEESE SANDWICH	CHICKEN OR VEGETABLE PIZZA	ZUCCHINI BREAD AND CUT FRUITS
GLUTEN, DAIRY, EGG	GLUTEN, DAIRY, EGG, MUSTARD, SOYA	GLUTEN, DAIRY	GLUTEN, DAIRY	GLUTEN, EGG, SULPHITES
MEATLESS MONDAY 16 NOVEMBER	TUESDAY 17 NOVEMBER	WEDNESDAY 18 NOVEMBER	THURSDAY 19 NOVEMBER	FRIDAY 20 NOVEMBER
BANANA BREAD WITH VEG STICKS	CHEESE MANAKISH	PANCAKE WITH BERRY COMPOTE	CHICKEN OR VEG PUFF	CINNAMON ROLL WITH FRUITS
GLUTEN, DAIRY, EGG	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN, DAIRY, EGG	GLUTEN, DAIRY, EGG
MEATLESS MONDAY 23 NOVEMBER	TUESDAY 24 NOVEMBER	WEDNESDAY 25 NOVEMBER	THURSDAY 26 NOVEMBER	FRIDAY 27 NOVEMBER
MINI CREAM CHEESE SANDWICH	MARGARITTA PIZZA	PANCAKE WITH COMPOTE	BAGEL CHIPS HUMMUS & CRUDITIES	BLUEBERRY MUFFIN WITH FRUITS
GLUTEN, DAIRY	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG	GLUTEN	GLUTEN, DAIRY, EGG
MEATLESS MONDAY 30 NOVEMBER				
CHEESE MANAKEESH				
GLUTEN, DAIRY				



SNACKS

DECEMBER MENU



	TUESDAY 01 DECEMBER	WEDNESDAY 02 DECEMBER	THURSDAY 03 DECEMBER	FRIDAY 04 DECEMBER
	FRENCH TOAST WITH BERRY COMPOTE	BAGEL CHIPS HUMMUS & CRUDITIES	OATMEAL PANCAKE WITH BERRY COMPOTE	EGG MAYO SANDWICH AND CUT FRUITS
	GLUTEN, DAIRY, EGG	GLUTEN	GLUTEN, DAIRY, EGG	GLUTEN, MUSTARD, EGG, SOYA
MEATLESS MONDAY 07 DECEMBER	TUESDAY 08 DECEMBER	WEDNESDAY 09 DECEMBER	THURSDAY 10 DECEMBER	FRIDAY 01 DECEMBER
BANANA BREAD WITH VEG STICKS	CHEESE MANAKEESH	MINI CREAM CHEESE SANDWICH	CHICKEN OR VEGETABLE PIZZA	BLUEBERRY MUFFIN WITH FRUITS
GLUTEN, DAIRY, EGG	GLUTEN, DAIRY	GLUTEN, DAIRY	GLUTEN, DAIRY	GLUTEN, DAIRY, EGG