



SIMPLY FARMHOUSE MENU

CHEF'S MENU (Inclusive of Daily Salad & Fresh Fruit)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Satay with Rice	2 No Lunch
5 Pizza	6 Sweet and Sour Chicken with Rice	7 Beef Kofta with Pita Bread and Brown Rice	8 Sheperd's Pie	9 No Lunch
12 Fusilli with Spring Veg Puree	13 Pasta Bolognese	14 Butter Chicken and Brown Basmati Rice	15 Chicken Pot Pie	16 No Lunch
19 Macaroni and Cheese	20 "PORCUPINE MEATBALLS" (Beef Mince and White Rice)	21 Thai Chicken Meatballs with Ginger Miso Sauce	22 Baked Parmesan Chicken Fingers with Potato Wedges	23 No Lunch
26 Veggie Fusilli	27 Beef Sliders	28 Japanese Assorted Yakitori served with Steamed Rice	29 Roasted Chicken with Potato Wedges	30 No Lunch

THE FARMHOUSE AT ARBOR / LUNCH MENU / 2025 / MAY



VEGETARIAN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Vegetable Satay with Rice, Green Salad and Fresh Fruit	2 No Lunch
5 Pizza Garden Salad and Fresh Fruit	6 Sweet and Sour Vegetables with Rice, Salad and Fresh Fruit	7 Veggie Kofta with Pita Bread, Brown Rice, Carrot Salad and Fresh Fruit	8 Vegetarian Sheperd's Pie, Garden Salad and Fresh Fruit	9 No Lunch
12 Fusilli with Spring Veg Puree, Green Salad and Fresh Fruit	13 Pasta Lentil Bolognese, Caesar's Salad with Croutons and Fresh Fruit	14 Vegetable Curry and Brown Basmati Rice, Green Salad and Fresh Fruit	15 Vegetable Pot Pie, Arbor Salad and Fresh Fruit	16 No Lunch
19 Macaroni and Cheese, Arbor Garden Salad and Fresh Fruit	20 "PORCUPINE VEGGIE- BALLS" (Minced Vegan and White Rice) Garden Salad, Fresh Fruit	21 Thai Veggieballs with Ginger Miso Sauce, Garden Salad and Fresh Fruit	22 Baked Parmesan Vegetable Sticks with Potato Wedges, Green Salad, Fresh Fruit	23 No Lunch
26 Veggie Fusilli, Garden Fresh Salad and Fresh Fruit	27 Vegan Sliders, Potato Salad and Fresh Fruit	28 Japanese Assorted Vegetable Yakitori, Steamed Rice, Japanese Salad, Fresh Fruit	29 Roasted Vegetables Medley with Potato Wedges, Winter Green Salad and Fresh Fruit	30 No Lunch



VEGAN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Vegetable Satay with Rice, Green Salad and Fresh Fruit	2 No Lunch
5 Pizza Garden Salad and Fresh Fruit	6 Sweet and Sour Vegetables with Rice, Salad and Fresh Fruit	7 Veggie Kofta with Pita Bread, Brown Rice, Carrot Salad and Fresh Fruit	8 Vegan Sheperd's Pie, Garden Salad and Fresh Fruit	9 No Lunch
12 Fusilli with Spring Veg Puree, Green Salad and Fresh Fruit	13 Pasta Lentil Bolognese, Caesar's Salad with Croutons and Fresh Fruit	14 Vegetable Curry and Brown Basmati Rice, Green Salad and Fresh Fruit	15 Vegetable Pot Pie, Arbor Salad and Fresh Fruit	16 No Lunch
19 Macaroni and Cheese, Arbor Garden Salad and Fresh Fruit	20 "PORCUPINE VEGGIE- BALLS" (Minced Vegan and White Rice) Garden Salad, Fresh Fruit	21 Thai Veggieballs with Ginger Miso Sauce, Garden Salad and Fresh Fruit	22 Baked breaded Vegetable Sticks with Potato Wedges, Green Salad, Fresh Fruit	23 No Lunch
26 Veggie Fusilli, Garden Fresh Salad and Fresh Fruit	27 Vegan Sliders, Potato Salad and Fresh Fruit	28 Japanese Assorted Vegetable Yakitori, Steamed Rice, Japanese Salad, Fresh Fruit	29 Roasted Vegetables Medley with Potato Wedges, Winter Green Salad and Fresh Fruit	30 No Lunch