

SIMPLY FARMHOUSE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK
7 Fusilli with Spring Vegetable Puree	8 "Porcupine Meatballs" Beef Mince with White Rice	9 Butter Chicken	10 Chicken Pot Pie	No Lunch
14 Macaroni and Cheese	15 Thai Chicken Meatballs with Ginger Miso Sauce	16 Pasta Bolognesa	17 Meatball Sub Sandwich	18 No Lunch
21 "Earth Week" Pizza	22 "Earth Week" Macaroni and Cheese	23 "Earth Week" Vegetarian Pot Pie"	"Earth Week" Veggie Fusilli	25
28 Pasta Alfredo	Japanese Assorted Yakitori	30 Beef Wok Noodles		



CHEF'S MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK
7 Fusilli with Spring Vegetable Puree, Green Salad and Fresh Fruit	8 "Porcupine Meatballs" Beef Mince with White Rice, Garden Salad and Fresh Fruit	9 Butter Chicken with Brown Basmati Rice, Green Salad and Fresh Fruit	Chicken Pot Pie, Arbor Salad and Fresh Fruit	No Lunch
Macaroni and Cheese served with Garden Salad and Fresh Fruit	Thai Chicken Meatballs with Ginger Miso Sauce, Garden Salad and Fresh Fruit	Pasta Bolognesa, Caesar Salad with Croutons and Fresh Fruit	Meatball Sub Sandwich, Potato Salad and Fresh Fruit	No Lunch
"Earth Week" Pizza Garden Salad and Fresh Fruit	"Earth Week" Macaroni and Cheese, Green Salad with Carrots and Fresh Fruits	"Earth Week" Vegetarian Pot Pie, Arbor Salad and Fresh Fruit	"Earth Week" Veggie Fusilli Garden Salad and Fresh Fruit	No Lunch
Pasta Alfredo Garden Salad with Fresh Fruit	Japanese Assorted Yakitori with Steamed Rice, Japanese Salad and Fresh Fruit	Beef Wok Noodles, Cucumber Salad and Fresh Fruit		



VEGETARIAN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK
7 Fusilli with Spring Vegetable Puree, Green Salad and Fresh Fruit	8 "Porcupine Meatballs" Beef Mince with White Rice, Garden Salad and Fresh Fruit	9 Chickpea and Spinach Curry with Basmati Rice, Salad and Fresh Fruit	Vegetable Pot Pie with Garden Salad and Fresh Fruit	No Lunch
Macaroni and Cheese served with Arbor Garden Salad and Fresh Fruit	Thai Plant Based No-Meatballs with Ginger Miso Sauce, Garden Salad and Fresh Fruit	Pasta Meatless Bolognesa, Caesar Salad with Croutons and Fresh Fruit	Veggie Sub Sandwich, Potato Salad and Fresh Fruit	18 No Lunch
21 "Earth Week" Pizza Garden Salad and Fresh Fruit	"Earth Week" Macaroni and Cheese, Green Salad with Carrots and Fresh Fruits	"Earth Week" Vegetarian Pot Pie, Arbor Salad and Fresh Fruit	24 "Earth Week" Veggie Fusilli Garden Salad and Fresh Fruit	25 No Lunch
Pasta Alfredo Garden Salad with Fresh Fruit	Veggie Japanese Assorted Yakitori with Steamed Rice, Japanese Salad and Fresh Fruit	Veggie Wok Noodles, Cucumber Salad and Fresh Fruit		



VEGAN MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 SPRING BREAK	2 SPRING BREAK	3 SPRING BREAK	4 SPRING BREAK
Fusilli with Spring Vegetable Puree, Green Salad and Fresh Fruit	8 "Porcupine Meatballs" Beef Mince with White Rice, Garden Salad and Fresh Fruit	9 Chickpea and Spinach Curry with Basmati Rice, Salad and Fresh Fruit	Vegetable Pot Pie with Garden Salad and Fresh Fruit	11 No Lunch
Macaroni and Vegan Cream Sauce served with Garden Salad and Fresh Fruit	Thai Plant Based No-Meatballs with Ginger Miso Sauce, Garden Salad and Fresh Fruit	Pasta Meatless Bolognesa, Caesar Salad with Croutons and Fresh Fruit	Veggie Sub Sandwich, Potato Salad and Fresh Fruit	18 No Lunch
"Earth Week" Pizza Garden Salad and Fresh Fruit	"Earth Week" Macaroni and Cheese, Green Salad with Carrots and Fresh Fruits	"Earth Week" Vegetarian Pot Pie, Arbor Salad and Fresh Fruit	24 "Earth Week" Veggie Fusilli Garden Salad and Fresh Fruit	No Lunch
Pasta Alfredo Garden Salad with Fresh Fruit	Veggie Japanese Assorted Yakitori with Steamed Rice, Japanese Salad and Fresh Fruit	Veggie Wok Noodles, Cucumber Salad and Fresh Fruit		