



CHEF'S MENU

NON-VEGETARIAN

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 OCT	29 OCT	30 OCT	31 OCT	01 NOV No Lunch Snack Only
04 NOV Macaroni and Cheese Garden Salad, Fresh Seasonal Fruit	05 NOV Baked Parmesan Chicken Fingers Green Salad, Fresh Seasonal Fruit	06 NOV Beef and Noodle Stir Fry Cucumber Salad, Fresh Seasonal Fruit	07 NOV Lasagna Garden Salad, Fresh Seasonal Fruit	08 NOV No Lunch Snack Only
11 NOV Pasta Alfredo Green Salad, Fresh Seasonal Fruit	12 NOV Chicken Kebab with Pita Yogurt Sauce, Green Salad, Fresh Seasonal Fruit	13 NOV Shepherd's Pie Garden Salad, Fresh Seasonal Fruit	14 NOV Sweet and Sour Chicken Rice, Arbor Salad, Fresh Seasonal Fruit	15 NOV No Lunch Snack Only
18 NOV Pizza Garden Salad, Fresh Seasonal Fruit	19 NOV Whole Roasted Chicken Potato Wedges, Winter Green Salad, Fresh Seasonal Fruit	20 NOV Beef Kofte Pitas Rice, Mixed Green Salad, Fresh Seasonal Fruit	21 NOV Chicken Satay Thai Noodle Salad, Fresh Seasonal Fruit	22 NOV No Lunch Snack Only
25 NOV Fusilli with Autumn Vegetable Sauce Garden Salad, Fresh Seasonal Fruit	26 NOV Beef Sliders Potato Salad, Fresh Seasonal Fruit	27 NOV Japanese Assorted Yakitori Steamed Rice, Japanese Salad, Fresh Seasonal Fruit	28 NOV Chicken Pot Pie Arbor Salad, Fresh Seasonal Fruit	29 NOV No Lunch Snack Only

