



SIMPLY FARMHOUSE MENU

NON-VEGETARIAN

Includes choice of Raw Vegetables, Steamed Vegetables or Garden Salad, Plus Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26 AUG Macaroni and Cheese Fresh Seasonal Fruit	27 AUG Whole Roasted Chicken Potato Wedges, Caesar's Salad, Fresh Seasonal Fruit	28 AUG Beef Kofte Pitas Rice, Mixed Green Salad, Fresh Seasonal Fruit	29 AUG Sweet and Sour Chicken with Noodles Arbor Salad, Fresh Seasonal Fruit	30 AUG No Lunch Snack Only
02 SEP Summer Veggie Wok Noodles Fresh Seasonal Fruit	03 SEP Chicken Fingers Potato Wedges, Fresh Seasonal Fruit	04 SEP Pasta Bolognese Fresh Seasonal Fruit	05 SEP Japanese Yakitori Steamed Rice, Fresh Seasonal Fruit	06 SEP No Lunch Snack Only
09 SEP Fusilli with Autumn Vegetable Sauce Fresh Seasonal Fruit	10 SEP Thai Chicken Meatballs & Ginger Miso Sauce Rice, Fresh Seasonal Fruit	11 SEP Beef Sliders Potato Salad, Fresh Seasonal Fruit	12 SEP Plum Glazed Chicken and Vegetables Rice, Fresh Seasonal Fruit	13 SEP No Lunch Snack Only
16 SEP Pizza Fresh Seasonal Fruit	17 SEP Beef Kofte Rice, Fresh Seasonal Fruit	18 SEP Chicken Satay Fresh Seasonal Fruit	19 SEP Butter Chicken Brown Basmati Rice, Fresh Seasonal Fruit	20 SEP No Lunch Snack Only
23 SEP Pasta Alfredo Fresh Seasonal Fruit	24 SEP Plum Glazed Salmon Noodles, Fresh Seasonal Fruit	25 SEP Lasagna Fresh Seasonal Fruit	26 SEP Chicken Pot Pie Fresh Seasonal Fruit	27 SEP No Lunch Snack Only

THE FARMHOUSE AT ARBOR / LUNCH MENU / 2024 / AUGUST & SEPTEMBER

30 SEP	01 OCT	02 OCT	03 OCT	04 OCT
Wok-Made Rice Fresh Seasonal Fruit				