



CHEF'S MENU

PLANT BASED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>26 AUG</p> <p>Macaroni with Creamy Tomato Sauce</p> <p>Garden Salad, Fresh Seasonal Fruit</p>	<p>27 AUG</p> <p>Whole Roasted Vegetable Medley</p> <p>Potato Wedges, Vegan Caesar's Salad, Fresh Seasonal Fruit</p>	<p>28 AUG</p> <p>Plant Based Kofte Pitas</p> <p>Rice, Mixed Green Salad, Fresh Seasonal Fruit</p>	<p>29 AUG</p> <p>Sweet and Sour Veggies with Noodles</p> <p>Arbor Salad, Fresh Seasonal Fruit</p>	<p>30 AUG</p> <p>No Lunch</p> <p>Snack Only</p>
<p>02 SEP</p> <p>Summer Veggie Wok Noodles</p> <p>Cucumber Salad, Watermelon</p>	<p>03 SEP</p> <p>Breaded Veggie Sticks</p> <p>Potato Wedges, Arbor Salad, Red Grapes</p>	<p>04 SEP</p> <p>Pasta with Vegetable Bolognese</p> <p>Caesar Salad with Croutons, Orange Wedges</p>	<p>05 SEP</p> <p>Japanese Vegetable Yakitori</p> <p>Steamed Rice, Japanese Salad, Orange Rounds</p>	<p>06 SEP</p> <p>No Lunch</p> <p>Snack Only</p>
<p>09 SEP</p> <p>Fusilli with Autumn Vegetable Sauce</p> <p>Green Salad, Fresh Seasonal Fruit</p>	<p>10 SEP</p> <p>Thai Veggie Balls & Ginger Miso Sauce</p> <p>Rice, Steamed Snap Peas & Carrots, Fresh Seasonal Fruit</p>	<p>11 SEP</p> <p>Veggie Sliders</p> <p>Potato Salad, Fresh Seasonal Fruit</p>	<p>12 SEP</p> <p>Plum Glazed Vegetables</p> <p>Rice, Summer Salad, Fresh Seasonal Fruit</p>	<p>13 SEP</p> <p>No Lunch</p> <p>Snack Only</p>
<p>16 SEP</p> <p>Plant Based Pizza</p> <p>Caesar's Salad with Garlic Bread, Fresh Seasonal Fruit</p>	<p>17 SEP</p> <p>Veggie Kofte Pita</p> <p>Rice, Carrot Salad, Fresh Seasonal Fruit</p>	<p>18 SEP</p> <p>Vegetable Thai Satay</p> <p>Thai Noodle Salad, Fresh Seasonal Fruit</p>	<p>19 SEP</p> <p>Vegan Vegetable Curry</p> <p>Brown Basmati Rice, Fresh Seasonal Fruit</p>	<p>20 SEP</p> <p>No Lunch</p> <p>Snack Only</p>
<p>23 SEP</p> <p>Pasta Alfredo</p> <p>Garden Salad, Fresh Seasonal Fruit</p>	<p>24 SEP</p> <p>Teriyaki Veggie Balls with Vegetables</p> <p>Noodles, Fresh Seasonal Fruit</p>	<p>25 SEP</p> <p>Plant Based Lasagna</p> <p>Caesar's Salad, Fresh Seasonal Fruit</p>	<p>26 SEP</p> <p>Vegetable Pot Pie</p> <p>Arbor Salad, Fresh Seasonal Fruit</p>	<p>27 SEP</p> <p>No Lunch</p> <p>Snack Only</p>

THE FARMHOUSE AT ARBOR / LUNCH MENU / 2024 / AUGUST & SEPTEMBER

30 SEP	01 OCT	02 OCT	03 OCT	04 OCT
Wok-Made Rice Cucumber Salad, Fresh Seasonal Fruit				