

## SIMPLY FARMHOUSE MENU

## NON-VEGETARIAN

Includes choice of Raw Vegetables, Steamed Vegetables or Garden Salad, Plus Fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 APR	30 APR	01 MAY	02 MAY	03 MAY
		Beef and Wok Noodles	Lasagna	No Lunch
		Fresh Seasonal Fruit	Fresh Seasonal Fruit	Snack Only
06 MAY	07 MAY	08 MAY	09 MAY	10 MAY
Pizza	Chicken Sticks	Pasta Bolognese	Thai Chicken	No Lunch
Fresh Seasonal Fruit	Steamed Rice, Fresh Seasonal Fruit	Fresh Seasonal Fruit	Meatballs with Ginger Miso Sauce	Snack Only
	Seasonal Fruit		Rice, Fresh Seasonal Fruit	
13 MAY	14 MAY	15 MAY	16 MAY	17 MAY
Macaroni and Cheese	Whole Roasted	Beef Sliders	Japanese Assorted	No Lunch
Fresh Seasonal Fruit	Chicken	Potato Salad, Fresh	Yakitori	Snack Only
	Potato Wedges, Fresh Seasonal Fruit	Seasonal Fruit	Steamed Rice, Fresh Seasonal Fruit	
20 MAY	21 MAY	22 MAY	23 MAY	24 MAY
Pasta Alfredo with	Butter Chicken with	Baked Parmesan	Beef Kofta with Pita	No Lunch
Garden Vegetables	Brown Basmati Rice	Chicken Fingers	Bread	Snack Only
Fresh Seasonal Fruit	Fresh Seasonal Fruit	Roasted Potatoes, Fresh Seasonal Fruit	Fresh Seasonal Fruit	
27 MAY	28 MAY	29 MAY	30 MAY	31 MAY
Fusilli with Summer	Chicken Kebab with	Shepherd's Pie	Sweet and Sour	No Lunch
Veggie Puree	Pita Bread	Fresh Seasonal Fruit	Chicken with Rice	Snack Only
Fresh Seasonal Fruit	Yogurt Dipping Sauce, Fresh Seasonal Fruit		Fresh Seasonal Fruit	

THE FARMHOUSE AT ARBOR / LUNCH MENU / 2024 / MAY